

**Orange Residents:
 Act Now to Apply for Recipe for Wellness:
 Receive FREE fresh food from local farms
 Eligibility and application deadline extended!**

If you are an Orange resident and are low to moderate income (even if due to recent COVID-19 related financial challenges) apply NOW for

Recipe for Wellness, a program co-created by
 Seeds of Solidarity and Quabbin Harvest.

**Twenty families will receive a box of fresh vegetables and fruit every other week
 (16 total boxes of food), starting end of April and into the Fall.**

Plus a recipe and activity guide!

Please fill this out and return to: Quabbin Harvest, 12 N. Main St Orange, no later than April 10 but the sooner the better as we will accept on a rolling basis! We will let you know by April 12 if you are accepted for participation.

Or, contact Deb Habib, Seeds of Solidarity deb@seedsofsolidarity.org to be sent an application and return envelope or to complete an application by phone. In addition to receiving fresh vegetables, there will be gardening and cooking workshops this summer and fall.

This is not the HIP (Healthy Incentive Program).
 If you are already enrolled in that, you are good to go,
 no need to apply for this program.

Your Name: _____

Mailing Address (must be in Orange): _____

Phone: _____ **Email:** _____

Circle the best ways to reach you: call text email

Here is how to determine if you are low or moderate income:

Persons in a Household	Max Income		Persons in a Household	Max Income
1	\$49,700.00		5	\$76,650.00
2	\$56,800.00		6	\$82,350.00
3	\$63,900.00		7	\$88,000.00
4	\$70,950.00		8	\$93,700.00

How many people in your household would benefit from the food? _____

What interests you most about this opportunity? (feel free to use the back)

The Community Development Block Grant asks that we gather some information so they know how funds benefit our community members. Please indicate if any members of your family that will benefit from the food and programs are: (check as many as you need). Optional.

- | | |
|---|---|
| <input type="checkbox"/> Black/African American | <input type="checkbox"/> American Indian/Native American/First Nation |
| <input type="checkbox"/> Latina-o/Latinx/Hispanic | <input type="checkbox"/> Asian/Asian American |
| <input type="checkbox"/> Middle Eastern | <input type="checkbox"/> Multi-racial or Mixed Ethnicity |
| <input type="checkbox"/> White | <input type="checkbox"/> Other (self-identify as you wish) _____ |

Commitment: In signing this form, I confirm that I am an Orange resident and low or moderate income. I realize spots are limited, and if accepted I will pick up my veggies when scheduled (Tuesdays 3-6PM or Weds after 10am, starting end of April).

Signature _____ **Date** _____